



विश्वदानीं सुमनसः स्याम



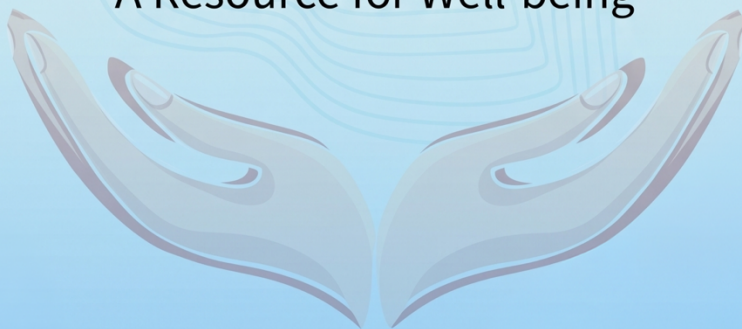
INFORMATION BOOKLET



**PSYCHOLOGICAL FORUM
CHHATTISGARH**



A Resource for Well-being



PSYCHOLOGICAL FORUM CHHATTISGARH (PFCG)

Advancing Psychological Knowledge • Nurturing Professional
Excellence • Serving Society

WHO WE ARE

Psychological Forum Chhattisgarh (PFCG) is a professional and academic platform established on **18 May 2018** by a group of young psychology educators and students under the guidance and mentorship of senior academicians and respected professionals.

The Forum was founded with the aim of promoting **authentic and scientifically grounded knowledge of psychology**, addressing misconceptions surrounding the discipline, and increasing awareness of its practical importance in everyday life. Since its inception, PFCG has sought to create a meaningful platform where academic knowledge, professional practice, research, and community engagement come together.

PFCG works towards advancing **psychology education, mental health awareness, professional development, research, counselling, and community well-being**. It brings together psychologists, educators, researchers, mental health professionals, and students to encourage collaboration, knowledge sharing, continuous learning, and professional growth.

Through **conferences, workshops, training programmes, seminars, research initiatives, awareness programmes,**

and community-oriented activities, the Forum strives to strengthen the field of psychology and contribute to a healthier, more informed, empathetic, and socially responsible society.

OUR VISION

To promote **psychology education, mental health awareness, ethical practice, research, and professional collaboration** through learning, outreach, and community engagement, thereby contributing to a healthier, more informed, and psychologically aware society.

OUR MISSION

To build a dynamic and inclusive platform for psychology that **inspires knowledge, promotes mental well-being, fosters professional excellence, encourages research and collaboration, and creates a meaningful and positive impact on individuals and communities across India.**

WHAT WE STAND FOR

At **Psychological Forum Chhattisgarh (PFCG)**, our values provide the foundation for every initiative we undertake.

Integrity & Ethical Practice

We uphold integrity, professional ethics, and responsible conduct in the pursuit and application of psychological knowledge.

Scientific Excellence

We value scientific thinking, evidence-based approaches, critical inquiry, and continuous advancement of psychological knowledge.

Human Dignity & Respect

We recognise the inherent dignity, individuality, and worth of every person and strive to promote sensitivity and respect in all our endeavours.

Collaboration & Learning

We believe that meaningful progress emerges through collaboration. We encourage interaction among psychologists, educators, researchers, mental health professionals, and students to facilitate knowledge sharing and lifelong learning.

Compassion & Inclusivity

We are committed to fostering compassion, inclusivity, and greater accessibility to psychological knowledge and mental health awareness.

Social Responsibility

We believe that psychology has an important role to play in addressing contemporary social concerns and promoting individual and community well-being.

WHAT WE DO

PFCG undertakes a range of **academic, professional, research-oriented, and community-focused initiatives** designed to strengthen the study and application of psychology.

Our programmes provide opportunities for students and professionals to learn from experts, exchange ideas, develop competencies, engage with research, and connect psychological knowledge with real-life contexts.

Conferences & Academic Forums

We organise national and regional conferences, seminars, expert lectures, and academic forums that facilitate knowledge sharing, scholarly discussion, professional interaction, and collaboration within the field of psychology.

Workshops & Skill Development

We conduct practical workshops, faculty development programmes, training sessions, seminars, and certificate programmes designed to enhance knowledge, skills, and

professional competence among students, educators, and practitioners.

Research & Publications

We encourage psychological research, scholarly writing, academic publications, interdisciplinary collaboration, and the dissemination of evidence-based knowledge that contributes to academic excellence and societal well-being.

Mental Health Awareness

We promote mental health and psychological well-being through awareness campaigns, educational programmes, lectures, workshops, and community engagement initiatives.

Professional Networking

We facilitate meaningful connections among psychologists, counsellors, educators, researchers, mental health professionals, and students, creating opportunities for collaboration, mentorship, knowledge exchange, and lifelong professional growth.

Student Support & Development

We seek to provide psychology students with academic exposure, mentoring opportunities, expert interaction, and professional learning experiences that help them develop greater confidence, competence, and clarity about their future roles in the field.

BUILDING FUTURE PSYCHOLOGY PROFESSIONALS

The future of psychology depends not only on knowledge but also on the **quality, competence, ethical awareness, and social sensitivity of those who enter the profession.**

PFCG is committed to nurturing the next generation of psychology professionals by creating opportunities for students and emerging professionals to interact with experienced academicians, psychologists, researchers, and practitioners.

Through **seminars, expert talks, faculty development programmes, workshops, and training sessions**, the Forum promotes continuous learning and encourages the development of professional competence, critical thinking, research orientation, and ethical sensitivity.

Our endeavour is to help emerging psychology professionals move **beyond textbook knowledge towards meaningful professional understanding and responsible application.**

REACHING BEYOND THE CLASSROOM

Psychology has relevance far beyond academic institutions. The understanding of human behaviour, emotions, relationships, mental health, and well-being can make a meaningful contribution to individuals, families, educational institutions, workplaces, and communities.

PFCG therefore seeks to connect psychological knowledge with society through initiatives that promote awareness, dialogue, and responsible application.

Mental Health Awareness

Creating awareness about mental health and psychological well-being through educational programmes, campaigns, lectures, and outreach activities.

Counselling Awareness

Promoting awareness of counselling and psychological support while encouraging ethical, responsible, and professionally informed approaches to psychological practice.

Community Engagement

Working with educational institutions, organisations, and communities to disseminate psychological knowledge and encourage greater understanding of mental health and human behaviour.

Psychology in Everyday Life

Encouraging people to understand the relevance of psychology in areas such as relationships, education, work, emotional well-being, decision-making, parenting, personal development, and community life.

ADVANCING PSYCHOLOGICAL KNOWLEDGE

PFCG recognises **research and scholarship as essential to the growth of psychology as a scientific discipline.**

The Forum encourages scientific inquiry, research engagement, scholarly publication, collaborative projects, interdisciplinary dialogue, and the dissemination of psychological knowledge.

By creating opportunities for researchers, educators, professionals, and students to share their work and perspectives, PFCG seeks to encourage a culture of **curiosity, critical thinking, evidence-based practice, and academic excellence.**

Our commitment is not simply to generate knowledge, but to encourage the responsible translation of psychological knowledge into practices that can contribute to **individual and societal well-being.**

AWARDS & HONOURS

PFCG believes that meaningful contributions to psychology and society deserve recognition and encouragement.

Through its **awards and recognition initiatives**, the Forum honours individuals and organisations whose contributions reflect excellence in areas such as **academic achievement, psychological practice, research, innovation, leadership, professional commitment, and social responsibility.**

These recognitions are intended not only to celebrate accomplishments but also to inspire continued excellence and encourage future contributions to the field of psychology and society.

WHAT SETS US APART

Experienced Professionals

Opportunities to learn, interact, and exchange ideas with psychologists, educators, researchers, and other experienced professionals.

Quality Programmes

Thoughtfully structured conferences, workshops, seminars, training programmes, and academic initiatives designed to promote meaningful learning.

Collaborative Network

A platform that connects students, academicians, researchers, psychologists, counsellors, educators, and mental health professionals and encourages professional collaboration.

Student-Centred Opportunities

Academic exposure, mentoring, expert interaction, and professional learning opportunities that support the development of emerging psychology professionals.

Community Impact

A commitment to taking psychology beyond academic settings through awareness, outreach, and community-oriented initiatives.

LOOKING AHEAD

As psychology continues to evolve in response to changing social realities and emerging challenges, PFCG remains committed to creating opportunities for **learning, research, professional development, collaboration, and community engagement.**

The Forum aspires to strengthen its academic and professional network, encourage greater research engagement, nurture emerging psychology professionals, expand mental health awareness, and promote the responsible application of psychological knowledge across diverse contexts.

With a commitment to **scientific excellence, ethical practice, human dignity, collaboration, and social responsibility**, PFCG looks forward to a future where psychology is better understood and meaningfully integrated into the lives of individuals and communities.

- **Knowledge that informs.**
- **Collaboration that strengthens.**
- **Psychology that serves society.**



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